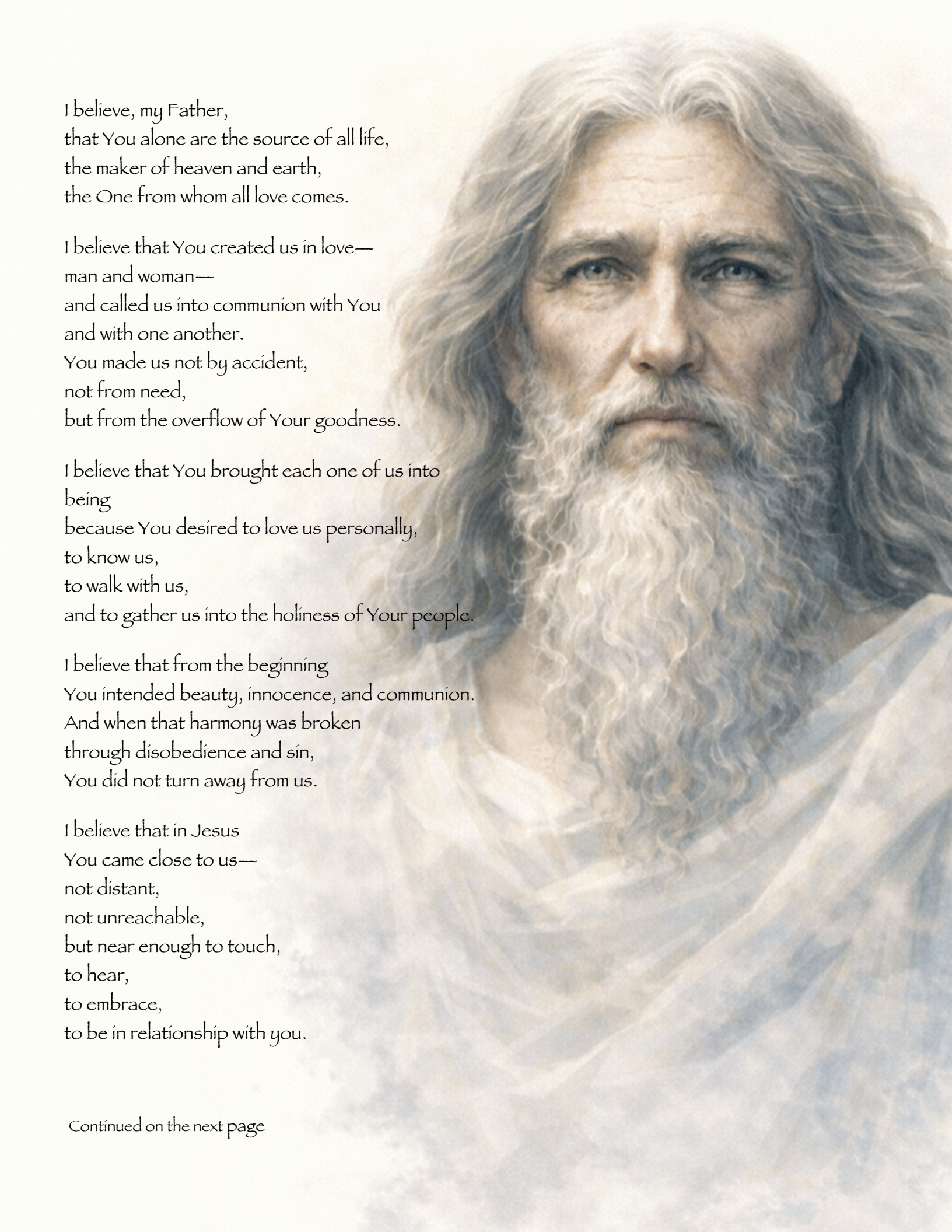


# I Believe Prayer





I believe, my Father,  
that You alone are the source of all life,  
the maker of heaven and earth,  
the One from whom all love comes.

I believe that You created us in love—  
man and woman—  
and called us into communion with You  
and with one another.  
You made us not by accident,  
not from need,  
but from the overflow of Your goodness.

I believe that You brought each one of us into  
being  
because You desired to love us personally,  
to know us,  
to walk with us,  
and to gather us into the holiness of Your people.

I believe that from the beginning  
You intended beauty, innocence, and communion.  
And when that harmony was broken  
through disobedience and sin,  
You did not turn away from us.

I believe that in Jesus  
You came close to us—  
not distant,  
not unreachable,  
but near enough to touch,  
to hear,  
to embrace,  
to be in relationship with you.

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O merciful Father,  
I believe that even in our humiliation,  
You loved us still.  
You did not leave Your children lost,  
wounded,  
nor far from home.  
In Your mercy,  
You prepared a way to draw us back to Yourself.

I believe that through the YES of the Blessed Virgin  
Mary,  
and by the power of the Holy Spirit,  
Your only begotten Son  
was conceived in her womb  
and entered fully into our human life.

His name is Jesus.

I believe that He is fully human and fully divine,  
gentle and strong,  
tender and true,  
filled with compassion, mercy, and healing love.

I believe that He came  
to reveal Your face,  
to seek the lost,  
to forgive sinners,  
to heal the brokenhearted,  
to lift up the poor,  
and to draw us back into union with You.

I believe that through His Passion and Cross  
He took upon Himself the weight of our sin.  
Through His suffering,  
He entered into our sorrow.  
Through His sacrifice,  
He poured out mercy for the world.

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And I believe that through His Resurrection  
He conquered sin and death,  
opened the way to new life,  
and gave us hope that nothing is beyond  
the power of Your redeeming love.

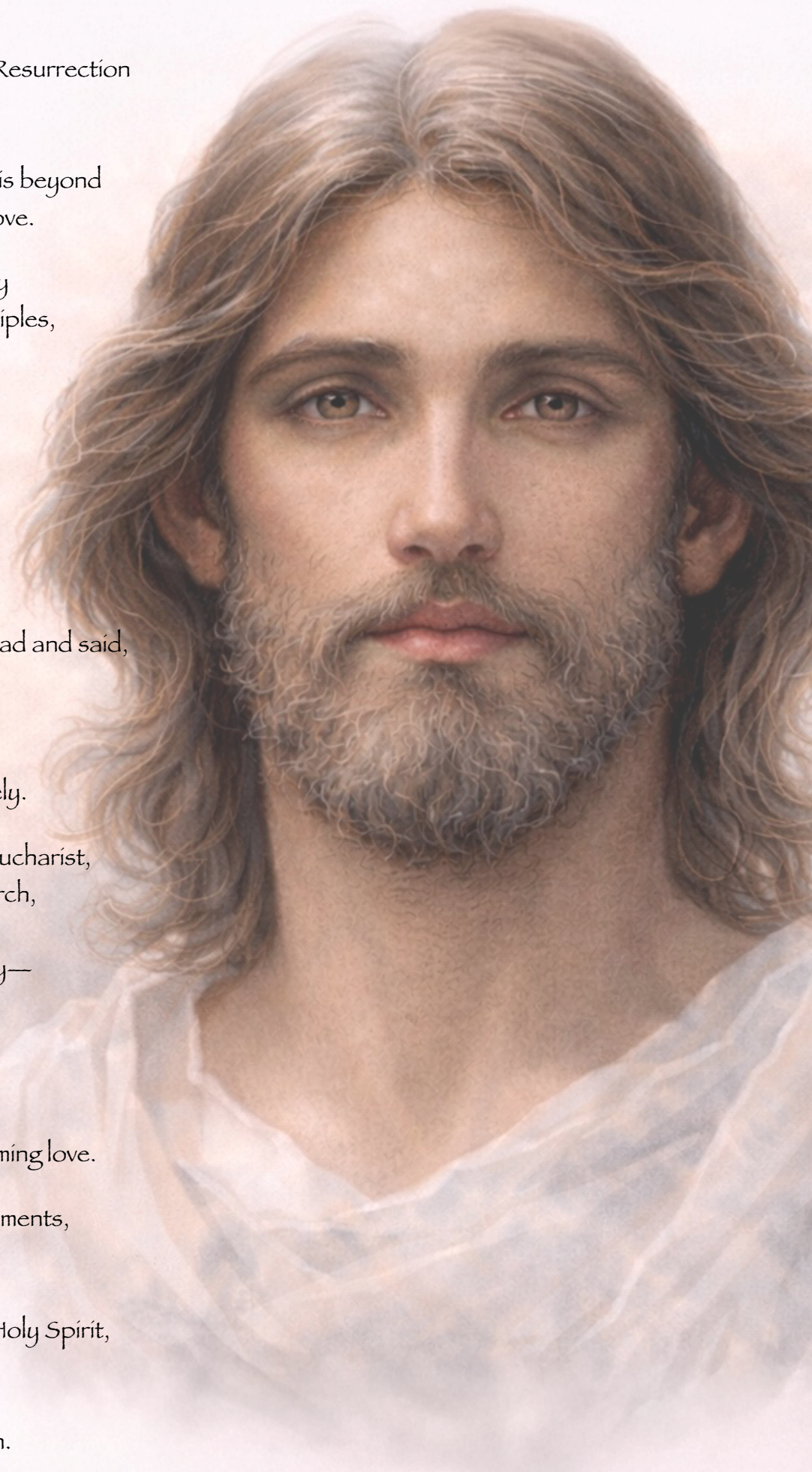
I believe that Jesus rose in glory  
and showed Himself to His disciples,  
not as memory,  
not as symbol alone,  
but alive—  
still loving,  
still faithful,  
still bearing the marks of love  
poured out.

I believe that when He took bread and said,  
“This is my Body,”  
and took the cup and said,  
“This is my Blood,”  
He gave Himself to us completely.

And I believe that in the Holy Eucharist,  
celebrated in the Catholic Church,  
Jesus Christ is truly present—  
Body, Blood, Soul, and Divinity—  
offering Himself to us still  
as nourishment,  
as mercy,  
as communion,  
as the living presence of redeeming love.

I believe that through the sacraments,  
through prayer,  
through silent surrender,  
through the quiet work of the Holy Spirit,  
You are sanctifying us,  
healing us,  
and transforming us from within.

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I believe that You are teaching us  
to live in Christ,  
to abide in His love,  
to become more inwardly open to grace,  
and to let our humanity be restored  
and made radiant  
through communion with You.

I believe that I am called  
not only to worship You,  
but to belong to You;  
not only to serve You,  
but to dwell with You;  
not only to hope in You from afar,  
but to welcome Your life  
deep within my own heart.

I believe in You, Father.  
I believe in Your Son, Jesus Christ.  
I believe in the Holy Spirit,  
the Lord and giver of life.

And I place myself again  
within Your mercy,  
Your truth,  
and Your love.

Amen.