

What is the Chaplet of the Holy Spirit?

The Holy Spirit Chaplet was written in 1892 by a Capuchin missionary serving the English Province with the intention of providing the faithful with an approachable way to pray to the Holy Spirit. In the year 1902, Pope Leo XIII gave approved the Chaplet. Its purpose is to be to the Holy Spirit what the Dominican Rosary is to the Blessed Virgin Mary. This means that it is a prayer to the Holy Spirit. The Prayer has five sets of beads, the same number as a Holy Rosary.

Praying the Chaplet of the Holy Spirit is a beautiful way to increase your devotion to Holy Spirit and a wonderful way to celebrate a Confirmation, Baptism, or any occasion when you're seeking to honor the Holy Spirit.



How to Pray the Chaplet of the Holy Spirit

The Holy Spirit Chaplet consists of an introduction, five decades, and concluding prayers.

The Introduction Prayers

On the First bead, Pray the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.

On the second bead, Say an Act of Contrition

O my God, I am heartily sorry for having offended Thee. I detest all my sins because I dread the loss of Heaven and all the pains of hell, but most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen.

On the third bead, Say the hymn Come Holy Ghost

Come, Holy Spirit, fill my heart with Your holy gifts. Let my weakness be penetrated with Your strength this very day that I may fulfill all the duties of my state conscientiously, that I may do what is right and just.

Let my charity be such as to offend no one, and hurt no one's feelings; so generous as to pardon sincerely any wrong done to me. Assist me, O Holy Spirit, in all my trials of life, enlighten me in my ignorance, advise me in my doubts, strengthen me in my weakness, help me in all my needs, protect me in temptations and console me in afflictions.

Graciously hear me, O Holy Spirit, and pour Your light into my heart, my soul, and my mind. Assist me to live a holy life and to grow in goodness and grace. Amen.

The Five sections of the Chaplet of the Rosary

The Chaplet consists of 5 groups of 7 beads each: In each group, the Glory Be is said on the 7 small beads. Before and after each group there are 2 large beads: On one, pray on Our Father and the other is said a Hail Mary.

Glory Be

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be; World without end. Amen.

Our Father

Our Father, Who art in Heaven, Hallowed be Thy name. Thy Kingdom come, Thy will be done on Earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with Thee. Blessed art Thou among women and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Conclusion

On the remaining 2 large beads at the end are said the Apostles Creed, and an Our Father and Hail Mary for the intention of the Holy Father. Close with the Sign of the Cross.

Apostles Creed

I believe in God the Father Almighty, Creator of Heaven and Earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into Heaven and sits at the right hand of God the Father Almighty. From there He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

The Mysteries of the Chaplet of the Holy Spirit

During the praying of each set of seven beads, the faithful are asked to meditate on the Five Wounds of Jesus which are the fountains of grace which the Holy Ghost imparts to all men.

The first Mystery of the Chaplet of the Holy Spirit

By the Holy Ghost is Jesus conceived of the Blessed Virgin Mary

"The Holy Spirit will come upon you. and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God." (Luke 1:35)

The first Mystery of the Chaplet of the Holy Spirit

The Spirit of the Lord rested upon Jesus when he was baptized.

"And when Jesus had been baptized he at once came up from the water, and suddenly the heavens opened and he saw the Spirit of God descending like a dove and coming down on him." (Matthew 3:16)

The third Mystery of the Chaplet of the Holy Spirit

By the Spirit is Jesus led into the desert to be tempted by the devil.

"Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit into the desert, for forty days being put to the test by the devil." (Luke 4:1-2)

The fourth Mystery of the Chaplet of the Holy Spirit

The Holy Ghost in the Church.

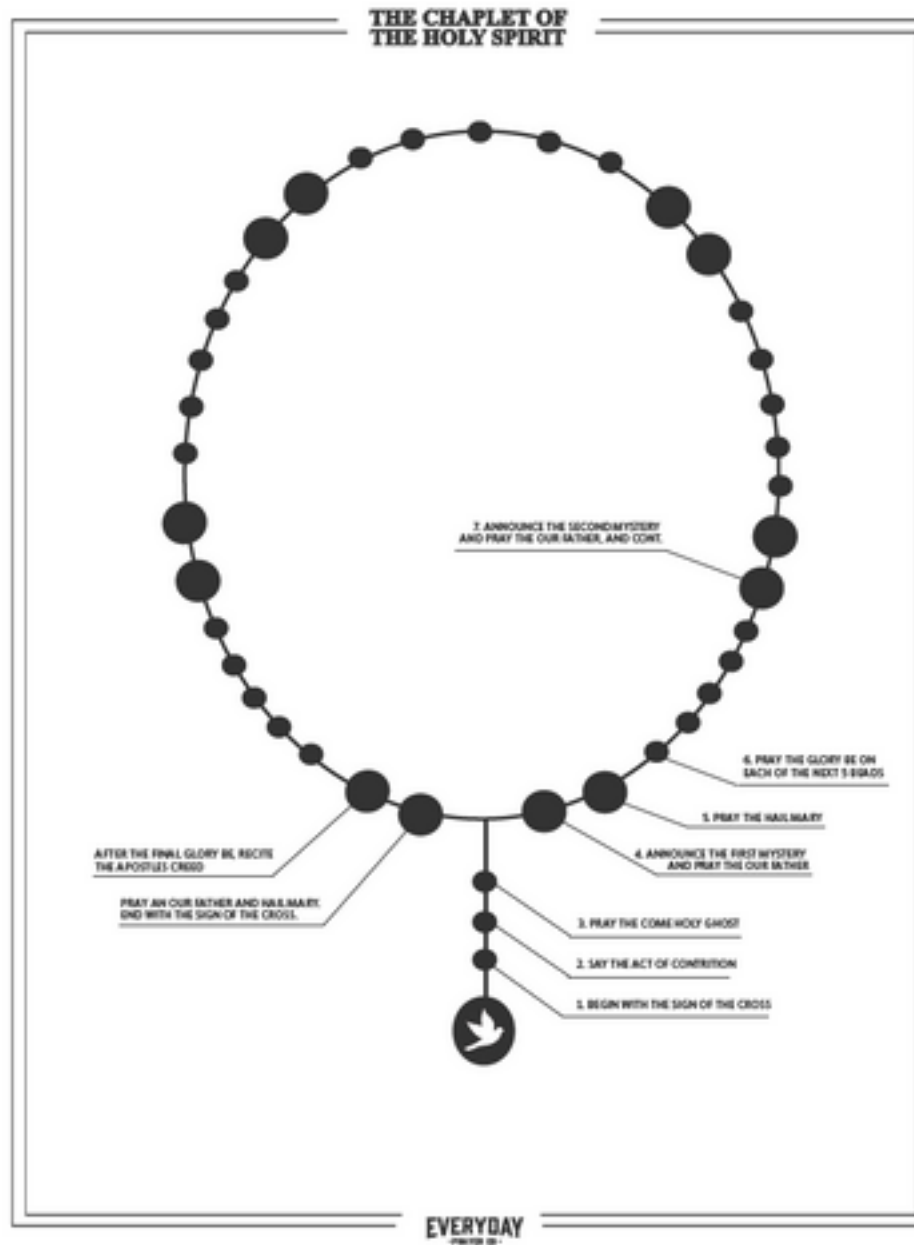
"Suddenly there came from Heaven a sound as of a violent wind which filled the entire house in which they were sitting. They were all filled with the Holy Spirit and began to speak different languages as the Spirit gave them the power to express themselves" (Acts 2:2, 4)

The fifth Mystery of the Chaplet of the Holy Spirit

The Holy Ghost in the soul of the just man and just woman.

"Do you not realize that your body is the temple of the Holy Spirit, who is in you and whom you received from God?" (1 Corinthians 6:19)

How to Pray the Chaplet of the Holy Spirit PDF



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