

Chaplet of St. Joseph — Step by Step Guide

Introduction

The Chaplet of St. Joseph is a cherished Catholic devotion honoring the foster father of Jesus and protector of the Holy Family. It is prayed with a unique set of beads—15 groups of 4 (one white and three blue/purple)—in contemplation of the mysteries of our faith through St. Joseph’s eyes. This devotion invites us to imitate his humility, obedience, and unwavering trust



Materials / Setup

- A chaplet consisting of 15 groups of 4 beads each: one white (or large) bead and three blue or purple beads. *(See diagram on page 4 of this document)*
 - Begin in a quiet place, with reverence and an intention in your heart.
 - Offer your intention before starting (for your family, work, protection, purity, or other needs).
-

How to Pray the Chaplet

1. **Begin** with the **Sign of the Cross**.
2. **State your intention** silently or aloud.
3. On each **white bead**:
 - Announce the corresponding **Mystery**.
 - Pray **two Hail Marys** in honor of St. Joseph’s participation in that Mystery.
4. On each of the **three blue/purple beads**:
 - Pray:

“Praised and blessed be Jesus, Mary, and Joseph!”

5. Continue through all fifteen groups in this manner.
 6. **After the last Mystery**, pray the closing prayers below.
-

Closing Prayers

V. Pray for us, O holy St. Joseph!

R. That we may be made worthy of the promises of Christ.

O God, Who has predestined St. Joseph from all eternity for the service of Thine Eternal Son and His Blessed Mother, and made him worthy to be the spouse of this Blessed Virgin and the foster-father of Thy Son: grant that we may be aided by his intercession and enjoy his company in Heaven. Through Christ our Lord. Amen.

Make the **Sign of the Cross** to conclude.

The Fifteen Mysteries with Reflections

1. The Annunciation

The angel announces to Mary that she will bear the Son of God. Joseph, upon learning of the mystery, accepts God's will with silent faith. *May we trust God even when His plans are hidden.*

2. The Visitation

Mary visits Elizabeth. Joseph's humility allows him to support Mary's mission in silence. *May we learn to serve others quietly and joyfully.*

3. The Nativity of Our Lord

In Bethlehem, Joseph provides what little he can for the Savior's birth. *May we offer our lives, however simple, for Christ's glory.*

4. The Presentation in the Temple

Joseph obeys the Law by presenting Jesus in the Temple. *May we faithfully fulfill our spiritual duties as Joseph did.*

5. The Finding of the Child Jesus in the Temple

Joseph and Mary search anxiously for Jesus and rejoice to find Him teaching. *May we never cease seeking Christ when we lose sight of Him.*

6. The Agony in the Garden

Though Joseph did not witness Gethsemane, his lifelong obedience prefigured Christ's surrender. *May we accept our own crosses with trust and peace.*

7. The Scouring at the Pillar

The pain of Christ recalls Joseph's compassion and protective heart. *May we stand firm in love when others suffer.*

8. The Crowning with Thorns

The humility of Jesus mirrors Joseph's quiet strength. *May we accept ridicule for righteousness' sake.*

9. The Carrying of the Cross

Joseph carried many burdens in his life as protector of Jesus and Mary. *May we bear our burdens patiently and with courage.*

10. The Crucifixion and Death of Our Lord

Joseph's death—traditionally in the arms of Jesus and Mary—prefigures this holy moment. *May we die in God's grace, comforted by His presence.*

11. The Resurrection

Joseph's faith is fulfilled as Christ conquers death. *May hope in the Resurrection strengthen us in trials.*

12. The Ascension of Our Lord

Christ returns to the Father; Joseph, in Heaven, rejoices. *May we set our hearts on the things above.*

13. The Descent of the Holy Spirit

The Spirit fills the Church. Joseph's spirit of obedience lives on in believers. *May we be docile to the promptings of the Spirit.*

14. The Assumption of the Blessed Virgin Mary

Joseph welcomes Mary once more into heavenly joy. *May we honor her as he did—with purity and devotion.*

15. The Coronation of Mary as Queen of Heaven

Joseph rejoices as his beloved spouse is crowned beside her Son. *May we one day share their eternal happiness.*

Practical Notes

- The **white bead** represents Joseph's purity; the **colored beads**, his devotion and labor.
- This chaplet can be prayed individually or as a family devotion.
- It is especially fitting during **March (Month of St. Joseph)**, on **Wednesdays**, or on **March 19 (Feast of St. Joseph)** and **May 1 (Feast of St. Joseph the Worker)**.
- Variations exist; follow this prayer in a spirit of humility and love.

